**Caregiver Resume Sample**

123 Your Address, City, State, Zip Code (xxx)-xxx-xxxx, your@email.com

Caregiver with 5+ years of experience providing heartfelt care and assistance to elderly patients in assisted living communities. Looking to deliver compassionate, service oriented care and companionship to the elderly in your community. Possess Geriatric Nursing Assistant certification and have sincere concern for the physical and mental well-being of geriatric patients.

# Professional Experience

## tranquility care, Baltimore, MD – Oct 2014 – Present

Senior Living Caregiver

* Observe, measure, and record patient data, including intake and outtake, weight, and vital signs in 60+ bed nursing home, and reported any changes to Resident Nurse (RN)
* Assist 12 patients with daily ambulation using a gait belt to prevent falling and other accidents, and regularly reposition 5 not ambulatory patients to relieve discomfort
* Mentored 5 new recruits through hands-on instruction and demonstration of essential caregiving tasks and responsibilities, maintaining nursing home standards and quality patient care
* Assist with the discharge, admission and transfer of immobile patients in excess of 200 lbs., while safeguarding the well-being of the patient and facilitating transportation.

## Eagle’s rest assisted living, Baltimore, MD – June 2012 – Oct 2014

Senior Living Caregiver

* Provided dedicated day-to-day care for 20+ residents and assisted 11 residents with activities of daily living (ADL)
* Monitored resident’s vital signs and behavior, and reported any concerns to the assisted living administrator, preventing problems before they arose on several occasions
* Cultivated amiable relationships with over 80% of patients, resulting in strong overall patient happiness and emotional well-being
* Performed individual meal preparation for 7 residents with specific dietary needs or restrictions, ensuring resident health and satisfaction
* Orchestrated the implementation of 5+ weekly activities for 30+ residents, including karaoke night, board game Saturdays, and dance night, promoting the mental and physical well-being of residents

# Education& Certifications

## Cecil County School of Technology, Elkton, MD

* Certified Nursing Assistant (CNA), 2013

## Certifications:

* Geriatric Nursing Assistant Certification (GNA), 2014

# Skills

* Interpersonal Relations
* Active Listener
* Patient Communication
* Observation and Perceptiveness
* CPR and First Aid
* Food Handler’s Permit
* MEDITECH Software
* Physical Strength and Stamina